

Karate West Schedule to March 2018

Time	Monday & Wednesday	Rm	Instr
3:15pm	Little Dragons (Wed)	2	KR/kj
4:00pm	Youth White/Yellow	1	KW/jj
4:00pm	Little Dragons (Wed)	2	KR/kj
4:00pm	Youth Blue/Orange	3	DO/ew
4:45pm	Youth White/Yellow	1	KW/aw
4:45pm	Youth Blue/Orange	2	DO/ew
4:45pm	Youth Purple/Green	3	JJ/cd
5:30pm	Little Dragons (Mon)	1	Jl/cd
5:30pm	Youth White/Yellow	2	KW/fu
5:30pm	Weapons Club (Wed)	1	KJ
5:30pm	Youth Brown (ichi)	3	JRH/jj
6:15pm	Youth Brown (san/ni)	1	MJ/ji
6:15pm	Youth Purple/Green	2	KW/eb
6:15pm	Youth Black	3	JRH
7:00pm	Hapkido (under Black)	1	MJ/BP
7:00pm	Adult Brown (san/ni)	2	JRH/ep
7:00pm	Adult Black	3	KW
8:00pm	Adult Brown (ichi)	1	AT/so
8:00pm	Hapkido (Black)	2	MJ/BP
8:00pm	Adult / Teen Sparring (Wed)	3	Rotate

Time	Tuesday & Thursday	Rm	Instr
9:30am	Adult All Belts	1	KW
9:30am	Adult Black Belt	2	KW
4:00pm	Tiny Tigers (Tues)	2	CD
4:00pm	Youth White/Yellow	1	KW/kj
4:00pm	Youth Brown (san/ni)	3	JJ
4:45pm	Youth White/Yellow	1	KW/kj
4:45pm	Little Dragons (Tues)	2	CD/aw
4:45pm	Youth Black	3	JJ
5:30pm	Youth White/Yellow	2	KW/nm
5:30pm	Youth Blue/Orange	1	CD/aw
5:30pm	Weapons Club (Tues)	3	JW
5:30pm	Youth Brown (ichi)	3	JJ
6:15pm	Youth White/Yellow	1	KW/nm
6:15pm	Youth Blue/Orange	2	JW/mc
6:15pm	Youth Purple/Green	3	PB/cd
7:00pm	Adult White/Yellow	1	PB/jw
7:00pm	Adult Blue/Orange/Purple/Green	2	JRH
7:00pm	Adult Black	3	CRH

Time	Saturday	Rm	Instr
7:00am	Adult All Belts (7am-9am)	1	Rotate
9:00am	Tiny Tigers	2	CRH/brh
9:00am	Little Dragons	1	LV/cd
9:00am	Youth White	3	TA/fu
9:00am	Youth Yellow	3	Rotate/jj
10:00am	Tiny Tigers	2	LV/cd
10:00am	Little Dragons	1	CRH/brh
10:30am	Youth Blue/Orange	3	FU/JJ
11:00am	Little Dragons	1	AU/kj
11:00am	Weapons Club	2	TA/bu
12:00pm	Demo Team	1	JW

Tiny Tigers, ages 4 & 5
 Little Dragons, ages 5 & 6
 Youth, ages 7 to 11
 Teen & Adult, ages 12 & up
 Weapons program, ages 8 to adult
 1 class per week, 45 min - 60 min