

Karate West Schedule to March 2017

Time	Monday & Wednesday	Rm	Instr	Time	Tuesday & Thursday	Rm	Instr
3:15pm	Tiny Tigers (Wed)	1	CD/jj	9:30am	Adult Black Belt	1	KW
3:15pm	Little Dragons (Wed)	2	GC/kj	3:15pm	Youth Brown (ichi)	3	KW/cd
4:00pm	Youth White/Yellow	1	DO/jj	4:00pm	Tiny Tigers (Tues)	2	CD
4:00pm	Little Dragons (Mon)	2	CD/kj	4:00pm	Youth White/Yellow	1	DO/kj
4:00pm	Little Dragons (Wed)	2	AT/kj	4:00pm	Youth Brown (san/ni)	3	KW
4:00pm	Youth Blue/Orange	3	KW	4:45pm	Youth White/Yellow	1	DO/kj
4:45pm	Youth White/Yellow	1	DO/ew	4:45pm	Little Dragons (Tues)	2	CD/aw
4:45pm	Youth Blue/Orange	2	JC/aw	4:45pm	Little Dragons (Thu)	2	CD/aw
4:45pm	Youth Purple/Green	3	JJ/cd	4:45pm	Youth Black	3	KW
5:30pm	Little Dragons (Mon)	1	LV/at	5:30pm	Youth White/Yellow	2	DO/mc
5:30pm	Black Belt Club (Wed)	1	Rotate	5:30pm	Youth Blue/Orange	1	JW/at
5:30pm	Youth Brown (ichi)	3	JRH/jj	5:30pm	Black Belt Club(Tues)	3	Rotate
6:15pm	Youth Brown (san/ni)	1	MJ/mw	6:15pm	Youth White/Yellow	1	JW/jc
6:15pm	Youth Purple/Green	2	KW/eb	6:15pm	Youth Blue/Orange	2	KW/jw
6:15pm	Youth Black	3	JRH	6:15pm	Youth Purple/Green	3	PB
7:00pm	Hapkido (under Black)	1	MJ/BP	7:00pm	Adult White/Yellow	1	PB/jw
7:00pm	Adult Brown (san/ni)	2	JRH	7:00pm	Adult Blue/Orange	2	KW
7:00pm	Adult Black	3	KW	7:00pm	Adult Purple/Green	3	JRH
8:00pm	Adult Brown (ichi)	1	KW/AT	7:00pm	Adult Black	3	CRH
8:00pm	Hapkido (Black)	2	MJ/BP				
8:00pm	Adult / Teen Sparring (Wed)	3	Rotate				

Time	Saturday	Rm	Instr
7:00am	Adult All Belts (7am-9am)	1	Rotate
9:00am	Tiny Tigers	2	CRH/brh
9:00am	Little Dragons	1	LV/cd
9:00am	Youth White	3	TA/fu
9:00am	Youth Yellow	3	Rotate/jj
10:00am	Tiny Tigers	2	LV/cd
10:00am	Little Dragons	1	CRH/brh
10:30am	Youth Blue/Orange	3	rotate/fu
11:00am	Little Dragons	1	AU/kj
11:00am	Black Belt Club	3	Rotate
12:00pm	Demo Team	1	JW

Tiny Tigers, ages 4 & 5
 Little Dragons, ages 5 & 6
 Youth, ages 6 to 11
 Teen & Adult, ages 12 & up
 Black Belt Club (Weapons), ages 8 to adult
 1 class per week, 45 min - 60 min